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# EFICOL



Eficol is a tasty bread that helps lower the level of blood cholesterol. With the consumption of 2 rolls you get the 3 grams of beta-glucan of oats per day needed to reduce cholesterol levels. This is a product endorsed by the Spanish Heart Foundation and meets the demanding standards of the EFSA. It helps the heart to keep cholesterol at bay.

<b>UNITS PER BOX</b>	60 Units/Box   32 Boxes/Pallet
<b>BOX DIMENSION</b>	587x385x228
<b>COOKING</b>	0 min   0 °C
<b>DEFROSTING</b>	20 min
<b>WIDTH(CM)</b>	5 cm
<b>LENGTH(CM)</b>	26 cm
<b>PRE-COOKED WEIGHT</b>	117 g

-  **TWO STAGE FERMENTATION PROCESS**
-  **HIGH HYDRATION**
-  **READY IN 5 MINUTES**
-  **STONE BAKED OVEN**
-  **CLEAN LABEL**

